THE GREAT “DEADMAN’S” DOWN HILL MILE RUN

12 TH ANNUAL

FASTEST MILE YOU WILL EVER RUN !

SATURDAY AUGUST 24 , 2019

REGISTRATION OPENS 3:30 PM

FIRST HEAT RUNS AT 5 PM

(2 HEATS) YOUTH 12 & UNDER TEEN & ADULT 13 & OVER

Sponsored by Brunswick Area Recreation Council (BARC)

ICE CREAM SUNDAE TO ALL RUNNERS !

Park in MARC Train Lot 1 block off square corner park near train station.

Hay Ride Wagon to the top of the hill at start or Jog Up as a warm up run.

**REGISTER AT SQUARE CORNER PARK IN DOWNTOWN BRUNSWICK AT TRAFFIC LIGHT ON POTOMAC STREET. 3:30 PM – 4:30 PM. NO PRE-REGISTRATION USED.**

2 HEATS : 5:00 PM YOUTH HEAT 5:15 PM TEEN & ADULT HEAT

FEE: YOUTH AGE 5-12 $5 TEEN AGE 13-17 $6 ADULT 18 & OVER $8

FAST COURSE MOSTLY DOWNHILL OR FLAT 1 MILE

Start is near the top of Deadman’s Hill Potomac St. extended to 9th ave.

End near Square Corner Park at the main light in Brunswick downtown.

This event is part of BARC’s yearly recreation offerings. All proceeds will benefit Brunswick Area Recreation Council (BARC)

There will be lively music in the park and all runners can make a Sundae and be treated to snacks and drink. This is not an award event beyond getting your time and the treats at the end.

**Call: Lee Zumbach 301-834-8045 for more information**